



**Monday,
May 13, 2019**

BELL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	PRO D DAY School not in session
Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28	
FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57	
Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13	
LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53	
Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09	
Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25	

First Responders and First Aiders

- Meeting **Tuesday at LUNCH in room 315.**

ALL members should be there and anyone else who is interested in getting involved is welcome. We will be discussing transition into next year's team, planning practices sessions, and organizing our final training session in June.

See Mr. Baldus for more info.

Marketing Spring Fair Sale

Grand Hall at lunch May 14/15

Look for some great deals!

10% of profits to charity!





Multicultural Brunch

To all volunteers participating in this event:

There will be a meeting on Monday lunch in the library.
(May 14th)

Looking forward to see you there, guys ;)

YEARBOOKS

Please check the lists posted on the main office windows to see if you have ordered a yearbook.

Yearbooks can still be purchased online until May 31st. After this date may be purchased from the main office. **The cost to purchase is \$60.00.**

Don't delay . . . there are 109 left!

Cable. Co

Need A New Charger?

We will be at the Heritage
Woods Grand Hall on May
14th & 15th during lunch!

10FT IPHONE/SAMSUNG

CHARGER: \$10

6FT IPHONE/ SAMSUNG

CHARGER: \$5

YOU WILL RECIEVE A RAFFLE TICKET
WITH EVERY PURCHASE 5 PEOPLE
HAVE THE CHANCE TO WIN A
PRIZE!!

10% OF PROFITS GO TO SHARE
SOUP KITCHEN

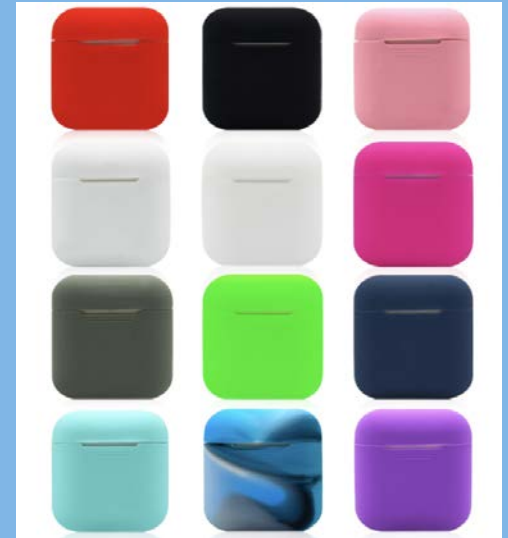
ACCESSORIES

AVE

Come by the Grand Hall at lunch on May
14th & 15th



Adapters: \$5
AirPod Covers: \$5



Sponsored By:

save on foods

Going the extra mile

10% of Profit Goes to:



Canadian
Cancer
Society

10% OF ALL
PROFITS GO TO
CHARITY!

SPRING FAIR



KODIAK STATIONARY SUPPLY CO.

MAY 14TH & 15TH
IN THE GRAND HALL

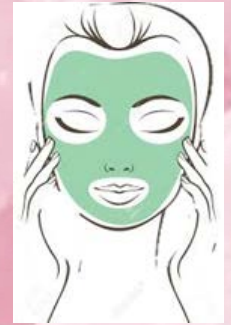
PLUS A CHANCE TO WIN A FREE NINJA MEDIUM
BUBBLE TEA WITH EVERY PURCHASE!





UPLIFT

Hold Your Head Up High!



Come to the grand hall @ lunch **MAY 14th & 15th**
10% of our profits are donated to charity!



3 scrunchies

+

1 face mask

\$9

BEAUTY BUNDLE

1 for **\$3**

Sheet
Face Masks

1 for **\$2.50**

OR

2 for **\$4**

Scrunchies



Uplift



Uplift



Multi Opener

March 14th and 15th we are selling multi-opener tools at lunch and after school for \$5. DM our Instagram account for Pre-purchase.

“Lemme get that for you”

Follow us on Instagram
[@MultiOpener](#)

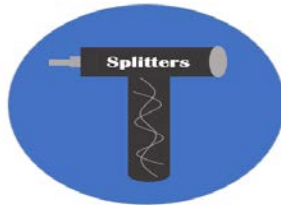


Sunglasses \$8 Each
Lanyards \$4 Each

Lens and Lans Cheap Sunglasses and Lanyards!

10% of profits go to Kids Sport!

1 Splitter = \$5
1 Splitter = 1 Raffle Ticket



**A chance to Win coupons to
Freshii and Hearthstone Pizzeria**



10% to Charity



Come Enjoy our AMAZING
Lemonade

10% of proceeds go
to charity

MAY 13, 2019
AFTER SCHOOL
OUTSIDE THE THEATRE

You will regret it if
you don't come!



Regular Lemonade: \$1
Strawberry Lemonade: \$1.50

LEMON + ADE



10% of Profit goes to
Cat Therapy and Rescue Society



Monday, May
13th
3:25pm –
4:00pm



By the GYM in
the GRAND
HALL



Strawberry
Lemonade
\$1.75
Butterfly Pea
Tea Lemonade
\$1.75
Original
Lemonade
\$ 1.00

Lemonade HUT

Come Just outside the gym on May 14th if you want to try our Fresh Lemonade.

FUNNELING

FULL SEND

CHALLENGES

Delicious Lemonade.

BRING. THE. BOYS. (And Everyone is Welcome)



\$1 Pink Lemonade



On Tuesday May 14 At GYM

ASTROLEMON

Built For The Stars

Come to our lemonade stand
on May 15th after school!
Beside the gym. Athletes are
especially welcome. 😊
10% of the profit will go to
CHARITY



If you drink our
Lemonade you will be
as happy as this man!!!



It's a dollar 50 at max.

Tired of the heat?

Bring \$1.50
10% of profits go to charity

Come try our refreshing lemonade after school on May 15 at the top of the stairs on the second floor



Lemon Heaven Lemonade



- When? Tuesday May 14th
- Where? Grand Hall (outside of theatre)
- FOLLOW US ON INSTAGRAM @LEMON.HEAVEN



KODIAK ATHLETICS



HWSS TENNIS

- Game Monday, May 13th at 10:00 a.m. at Town Centre Courts (Pinetree)
- We are playing for Fraser Valley Championships!



CLUBS





**Start your day in a relaxing way.
Come to Room 231 Monday to Friday
8:30 am – 9:15 am.
Coffee! Tea! Food!**

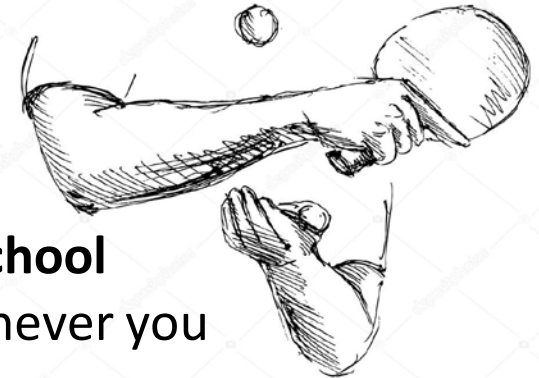


**Come listen to music and relax before
class.**



Table Tennis Club now looking for new members

**When: Monday/Wednesday After School
Stay till 5pm (Not mandatory, leave whenever you
want)
Go to Room 234 Thursday during flex in order to sign
up!**



CHESS CLUB 2018

- All levels welcome! (Beginners and Seniors)
- Drop in @ lunch to play every day
- Room 308
- Compete, Play, and Learn.
- You're welcome to come and just watch



Some people think that if their opponent plays a beautiful game, it's OK to lose. I don't. You have to be merciless.

— Magnus Carlsen —



Chess
is the
art
which
expresses
the Science
of Logic

BUSINESS MENTORSHIP LUNCH

- *Next* meeting May 13th!
- Topics to be covered are Education and Employment
- Also, come sign up for a UBC case study competition!

CAREER CENTER





Grade 12s - have you received offers? Have you accepted one? Please, let us know. Drop by the career centre or send Ms. Butler an email dbutler@sd43.bc.ca and tell us where you have decided to go and what you plan to study. We love to know where our HWSS students choose to pursue their education and what they plan to study so we can ensure we are having the right information sessions at HWSS for future students.

Also, if you have been offered a scholarship we want to know so we can recognize you in the commencement program. See Ms. Butler for a green scholarship form and let us know by June 1 about any monies you have been offered.



BRAND NEW SCHOLARSHIP OPPORTUNITY!!!

Young Actors Project Scholarship

Up to \$1,000 available, as one or two awards

Application Deadline May 16, 2019

Eligibility:

- *Student who is awarded this scholarship:*
- has been accepted to a significant post-secondary course of study in the areas of Film, Acting, Theatre or Scriptwriting.
- has been successful in one or more grade 11 or 12 classes in Film or Theatre, achieving outstanding grades and creating outstanding work.
- currently in grade 12 at HWSS

Application:

Name: _____

- **Related courses I took at Heritage:**

Institution and program I've been accepted to: _____

- **Links to my work:** *Provide a link to a script or demo reel no longer than 7 minutes that shows some of your related work:* _____

- Applications available from Mr. Strudwick or Ms. Walters or in the career centre.

- **APPLICATIONS DEADLINE: May 16 either in person or electronically to Mr. Strudwick or Ms. Walters.**

Future Science Leaders program

**Inspiring and challenging top students to excel in science and innovation.
Applications are now open for September 2019!**

In weekly meetings, students learn essential skills, meet top experts and innovators and apply their new knowledge and skills. We have modelled the program after excellence programs in high performance sports, such as *Own the Podium* and the farm system in hockey. There is a progression where students are increasingly supported and challenged. With the extra support of this program, students will be expected to excel in national and international science, technology, engineering and math challenges.

- We have 2 sites for Future Science Leaders.**
- Vancouver: Science World at TELUS World of Science, Tuesdays (4pm–6pm and 6:30pm–8:30pm)**
- Surrey: Health and Technology Innovation Hub, Wednesdays (4:30pm–6:30pm)**
- All applicants fill out the same application and indicate their site within the application.**
- We will be accepting applications until May 31, 2019 at 11:59pm. Applicants must be grade 10 or 11 students in September 2019.**
- https://www.scienceworld.ca/futurescienceleaders?utm_source=wordfly&utm_medium=email&utm_campaign=%5BPUB%5DMay2019&utm_content=version_A**

SCHOLARSHIP ALERT! Confratellanza Italo-Canadese

- The Confratellanza Italo-Canadese was founded in 1904 and is committed to the preservation of Italian cultural heritage and contributing to the enrichment of the multicultural community in the Greater Vancouver area (for more information about us visit our web site at www.confratellanza.org. This year we are offering several \$1,000 scholarships to assist eligible students entering a degree program in their post-secondary studies.
- The scholarships are open to this year's graduating secondary school students planning to enroll in a post-secondary educational institution for the first time in 2019. To be eligible for this scholarship candidates must 1) be of Italian origin i.e. as having at least one parent or grandparent of direct Italian descent, 2) be living in a city or municipality within the 21-member Greater Vancouver Regional District, 3) have an academic standing sufficient to qualify for entry into the post-secondary institution of their choice, and 4) submit a completed application form with supporting documentation **post-marked no later than June 7, 2019.**
- Find the application on Career Centre website:
<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx>

Summer Learning Volunteer Program – 2019



Visit the Summer Learning website:

www.summerlearningcoquitlam.ca for info. about our programs

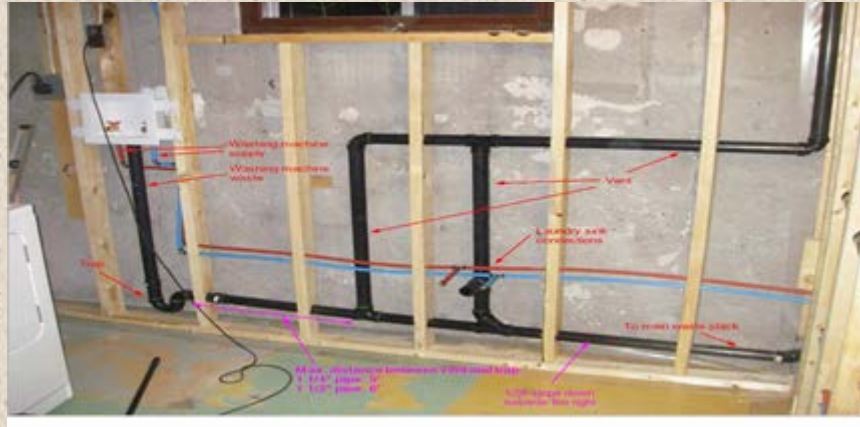
Who

- Secondary students who are enthusiastic, reliable, responsible, have good interpersonal
- skills, and have a strong interest in working with children. Preference will be given to students in leadership courses.
- Secondary students selected by key staff at their home school and by Summer Learning administration.

Where

- Each volunteer will serve at one site only. We anticipate approximately two volunteers per site. Although students can request a site, staff will have final say in what sites volunteers will serve at and in what classes.
- 8 Elementary sites: Aspenwood, Bramblewood, Coquitlam river, Glen, Kilmer, Miller Park, Pinetree Way, Porter, Smiling Creek
- 3 Middle sites: Hillcrest, Kwayquitlam, Scott Creek

Have you considered a career in plumbing? Want to get a head start on your career and get your **LEVEL 1 Certification?**



- If you are currently in grade 11 or 12 SD43 has an opportunity for you to begin a plumbing program in June 2019 – **TOTALLY FREE!**
- The program begins June 17 and runs until August 02, 2019. It is taught at the Piping Industry College on Annacis Island and yes, FREE for SD43 students currently in grade 11 or graduating in June 2019.
- You should be a good math student (not Calculus math but A&W or Foundations with a strong grade). You are expected to be there every day so cannot miss to go away on summer vacation. If this sounds like a good fit for you and you want more information please come to see Ms. Butler in the career centre ASAP or contact Doug MacLean at DMacLean@sd43.bc.ca
- Visit the SD43 Trades page for a brochure and the application <http://www.sd43.bc.ca/CareerPrograms/Pages/Plumber.aspx>

Headstart In Art



Who: Grade 11 or 12
pursuing a career in art

What: *First year University Art course
*1st year university credit

When: Sept. 10 - Dec. 10 Tuesday evenings 6 - 9

Where: Gleneagle Secondary

How: See Ms. Tompkins in April or go to ECU online for
the Head Start application. Due in May.



REPEAT NOTICES





KODIAK WEAR

LIMITED quantities available at the office.
These won't last long and you will NOT be able to order items
CASH ONLY



Ladies Racerback Tank



Ladies Full-Zip Hoodie



Ladies Half-Zip Top



Ladies Shorts



Men's Jogger



Men's Long sleeve



Men's T-shirt



Men's Shorts



SOYL is a summer employment and leadership program grow by Fresh Roots and SD 43. Through SOYL, youth grow themselves, their community and good food on school farms!

WHY JOIN SOYL @ SUWA'LKH?

- Grow good food at school
- Earn money and school credit
- Cook amazing meals with chefs
- Develop leadership and job skills
- Meet new friends
- Spend the summer outdoors
- Explore your community and food system

If you're entering Gr 11 - 12 in SD 43,
visit freshroots.ca/SOYL to apply by May 31!



Need Volunteer Hours?

WHO: 2 – 3 students

WHAT: Coquitlam Art Show

WHERE: Coquitlam Mall

WHEN: Mon. May 27 10am – 7pm (2hr 15min shift)

OR

Sat. May 25 5pm – 7pm

WHY: Walk around the art to deter vandalism and represent our school and district.

Contact Ms. Tompkins or Mr. Ting in the art room.



The **MS Society** needs volunteers for the TriCities MS Walk on May 26th at Rocky Point Park.

Volunteers are at the heart of our success and crucial to this meaningful fundraising event. Meet great people, have fun and make a difference! There is a variety of volunteer opportunities to suite everyone and various start times.

To volunteer, register on our volunteer platform and sign up for a shift of your choice! Click here to register: <http://btrr.im/bnq65>.

For more information please contact Joel Cheung, Joel.Cheung@mssociety.ca

We are always looking for new volunteers to join our team!



Joel Cheung
Coordinator, Volunteer Engagement
MS Society of Canada
1103 Metrotower II - 4720 Kingsway, Burnaby, BC V5H 4N2
604-689-3144 ext. 7257 joel.cheung@mssociety.ca

Recruiting Junior Instructors

Application Deadline is May 31st.



Love STEM? Love Kids? This is for you.

RECRUITING JUNIOR INSTRUCTORS

Are you a grade 10, 11, or 12 student (as of September 2019) interested in volunteering with kids this summer? Are you passionate about sharing STEM in a hands-on learning environment? Come join us as we share the wonder of STEM with BC youth! Locations available at UBC, VSB Schools, North Vancouver, White Rock, Ladner, and North Delta.

Application Deadline is May 31.

For more information and to apply, visit geeringup.ca/volunteer or contact us at volunteer@geeringup.ca



UBC Geering Up
Engineering Outreach

A member
network of
organizations

actüa
Youth • STEM • Innovation





- Science ALIVE is a student-run, not-for-profit organization based at Simon Fraser University in Burnaby, BC. We provide opportunities for youth in grades kindergarten through 7 to explore science beyond textbooks through interactive discovery in STEM, by fun hands-on activities, interactive demos and visual learning.
- We are currently looking for reliable, motivated and engaging high school students to volunteer with us over the summer during our busy camp season. The majority of these positions will be at SFU Burnaby, but we are also running a number of weeks in Surrey.

Applications can be found on the career centre website under Volunteering:

- <http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/EmploymentVolunteering.aspx>
- To submit their application, students can send in this application form along with a copy of their resume to saadmin@sfu.ca.
The deadline to apply is **Friday, May 31st 2019 at 4:00pm.**



Pacific National Exhibition

S I N C E 1 9 1 0

An exciting leadership opportunity for students!

- The PNE Youth Council is going into its tenth year and is looking for 16 high school students who want to build their leadership and networking skills. This is an exciting opportunity where you will learn how a successful business operates and interact with business leaders from the PNE and wider community. It is also a chance to share ideas, give a voice to youth, and make a difference in the community.
- 2019/2020 Program will be open to Grade 11 and 12 Students (as of September 2019)
- Monthly Meetings
- One-Year Term (September 2019 to June 2020)
- Our hope is that this council will foster a strong relationship between youth and the PNE, and will become a PNE legacy that continues for generations. We are looking for a diversity of youth including those who are sports-focused, arts-focused, academics, etc. The list goes on! We want youth who are enthusiastic and dedicated to making a difference in the community.

PNE Youth Council – extended deadline Friday May 31, 2019

Application and more details on our website: www.pne.ca/youth

VOLUNTEER OPPORTUNITY



Do you want to join the greatest BC Highland Games and Scottish Festival crew?

Then follow the link below to fill the form and mark your calendars for June 14 & 15

<http://bchighlandgames.com/volunteer/>

Inquiries contact: karinaflores22@gmail.com

WE NEED VOLUNTEERS!!!

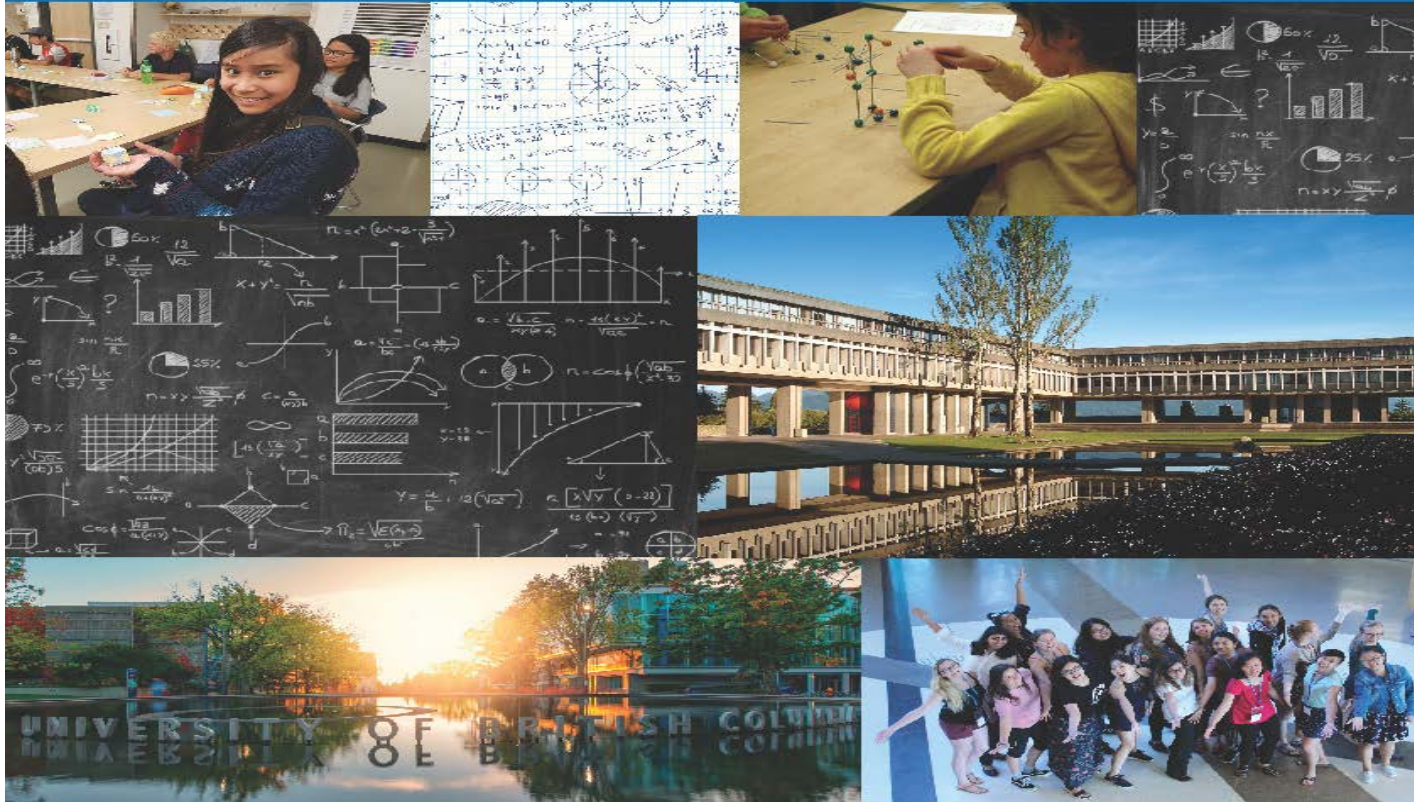


Grade 11 and 12 students: International Education is looking for volunteers for their summer programs at Riverside and Pinetree this summer!

Volunteers will help as tutors in EAL classrooms and accompany International students on afternoon activities. Volunteer hours will be accumulated and students will be provided with a letter of reference.

- **Application forms are available in the office.**
- **If you or someone you know is interested, please send us an application by June 14, 2019. The volunteer hours may be used towards Graduation Transitions requirements.**

2019 PIMS Diversity in Mathematics Summer School



22 July - 2 August 2019
The University of British Columbia & SFU Burnaby

Challenge Yourself!
<http://www.pims.math.ca/2019Diversityinmath>



2019 Diversity in Mathematics

Are you a girl in grade 10, 11 or 12? Do you find math stimulating and fun? Do you want learn more math but are not sure how to? Do you wonder if and how math would be helpful for a future career? Do you want to meet undergraduates in science majors studying in universities nationwide and learn about their journey from high school to university? If the answer is yes, then this camp could be for you!

- **The main goal of the camp is to provide an opportunity to a group of high school students with diverse backgrounds to explore their talents and further develop their mathematical skills in a collaborative and encouraging environment. For more information visit the link below.**
- **http://www.pims.math.ca/2019Diversityinmath?utm_campaign=UBC%20Updates%3A%20April%202019&utm_medium=email&utm_source=Eloqua**

CALLING FOR VOLUNTEERS!
For the Vancouver
Chinatown Festival
August 10, 2019

CALLING FOR VOLUNTEERS!
招募義工

For the Vancouver Chinatown Festival

Aug 10, 2019

溫哥華華埠節

8月10日星期六



If you are interested, please contact us at
volunteers@vancouver-chinatown.com
有興趣成為義工，請電郵聯絡我們
volunteers@vancouver-chinatown.com



✉ volunteers@vancouver-chinatown.com

🌐 vancouver-chinatown.com

chinatownfestival.ca

☎ 604.632.3808

📷 @visitChinatown

📺 @ChinatownFest